

La Jolla Women's Surgery Center GENERAL SURGERY CHECKLIST

Your surgery will take place at La Jolla Women's Surgery Center located in the Scripps/Ximed Building in Suite 880, directly behind Reproductive Partners-UCSD Regional Fertility Center. A member of La Jolla Women's Surgery Center will call you 1-2 days prior to your procedure with pre-operative information. Use the following checklist to help make sure you are prepared.

- ✓ Remember to bring a photo ID with you. You also may bring a pair of warm socks to wear into the OR. All other valuables should be left at home or with your ride.
- ✓ Do not eat or drink at least 8 hours prior to your procedure. This time will be confirmed with you during your pre-op call by the surgery center. You may brush your teeth but avoid swallowing any water. Failure to follow these instructions may result in cancellation of your procedure.
- ✓ Please call your physician if you become ill during the 3 days prior to your scheduled procedure.
- ✓ You may bathe or shower the morning of your procedure but please come with dry hair.
- ✓ Avoid wearing make-up, lotion, perfume, and jewelry. Please remove contact lenses and wear glasses.
- ✓ Do not take any medications on the day of your procedure unless directed to do so by your physician. If it is an oral medication, it should be taken with a minimal sip of water. Make sure you have picked up any new prescriptions that you will be starting before or after the procedure.
- ✓ Make sure you have someone available to receive your discharge instructions in recovery, drive you home, and stay with you for 24 hours following your procedure. The average length of stay at the surgery center is 2-4 hours.
- ✓ Once home, be sure to follow your discharge instructions carefully and be sure to call your physician if you are experiencing any unusual symptoms.